Dairy free option available

ALLERGEN INFORMATION – Spring Term 2019

Dish	Cereals containing gluten	Crustaceans	Eggs	Fish	Peanuts	Soyabeans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
Chicken and Broccoli Bake	x						x							
Pepper Pizza	x													
Shortbread	x													
Burger	x						x							
Veggie Burger	x													
Coleslaw		x							x					
Crumble and Custard	x						x							
Gammon														
Cheese and Pineapple Muffin	x						x							
Crackers and Cheddar	x						x							
Chicken Fajitas	x								x					
Turmeric Rice												x		
Lemon Fork Cookie	x						x							
Fish fingers	x			x										
Red Pepper and Spinach	x		x				x							
Sponge Slice	x		x											
Pizza Baguette	x						x							
Cous Cous														
Veg and Cheese Wrap	x						x		x					
Rice Pud							x							
Beef Dorris Pie														
Veggie Dorris Pie														
Mixed Veg														
Gravy														
Turkey and Stuffing	x													
Roasted Veg Cous Cous														
Jelly														
Sausages	x													
Veggie Sausages	x													
Mash														
Peas														
Onion Gravy														
Sticky Toffee Pudding	x		x									x		
Fish Cake	x			x										
Veggie Cake	x								x					
Sweetcorn														
Chips														
Seeded Flapjack									x		x			
Apple Juice														
Jacket Potato Cheese or Beans							x							
Vegetable Frittata			x											
Choc Beetroot Brownie	x		x				X							
Chicken Squash Curry														
Sweet and Sour Veg									x					
Wholemeal Rice														
Naan Bread	X													
Fruit Oaty ruit Crunch	X													
Apple Sauce														
Homity Pie	x		x				x							
Roasted Potatoes														
Peaches Melba														
Spicy Meatballs	x		X											
Spaghetti	x													

Pesto Pasta	x													
Garlic Bread	x						x							
Lemon and Poppy Seed	x						x				x			
Fish Fingers	x			x										
Veggie Pasty	x													
Baked Beans														
Chips														
Vanilla Ice-Cream							x							
Apple Juice														
Bread	x													