

## SCHOOL LUNCH MENU    AUTUMN 2021

**Please make selections by Friday 9th July**

Limited fresh fruit or local yoghurt available daily as an alternative pudding. Fresh bread available daily. Jacket potato option everyday except for Wednesdays.

	6/9	27/9	18/10	15/11	6/12
Monday	Meat Free Monday				
	Homemade Sweetcorn & Macaroni Cheese (v)				
	Jacket Potato with Tuna Mayo or Cheddar				
	Fresh Bread & Mixed Vegetables				
	Homemade Pineapple Upside Down Cake				
Tuesday	Complete Meats Meatballs with Pasta & Homemade Tomato Sauce				
	Homemade Lentil & Mixed Bean Cassoulet (v)				
	Mixed Vegetables				
	Jacket Potato with Tuna Mayo or Cheddar				
	Apple & Rhubarb Crumble Crumble with Custard				
Wednesday	CM Roasted Pork, Roast Potatoes & Apple Sauce				
	Fresh, Seasonal Vegetables, Roasted Potatoes				
	Homemade Sweet Potato Fajitas (v)				
	Fresh Fruit Platter				
Thursday	Complete Meats Sausage Roll				
	Quorn Sausage Roll (v)				
	Mash & Peas				
	Jacket Potato with Tuna Mayo or Cheddar				
	Homemade Sticky Gingerbread				
Friday	Davys Locker Salmon Fish Cake				
	Roasted Vegetable Cous Cous (v)				
	Chip & Baked Beans				
	Jacket Potato with Tuna Mayo or Cheddar				
	Homemade Muesli Crunch				
	Apple Juice				

	13/9	4/10	1/11	22/11	13/12
Monday	Meat Free Monday				
	Homemade Fajita Pasta Bake with Tom's & Peppers (v)				
	Jacket Potato with Baked Beans or Cheddar				
	With Fresh Mixed Veggie Sticks				
	Homemade Banana & Choc Chip Bar				
Tuesday	Complete Meats Roasted Chicken Thigh with Coconut & Tumeric				
	Quorn Chicken Pieces with Coconut & Tumeric (v)				
	50/50 Rice & Greens				
	Jacket Potato with Baked Beans or Cheddar				
	Fresh Local Yoghurt				
Wednesday	Complete Meats Roasted Turkey with Stuffing				
	Fresh Seasonal Vegetables, Roasted Potatoes				
	HM Sage, Onion & Cheddar Plait				
	Fruit Jelly				
Thursday	Complete Meats Beef Spaghetti Bolognaise				
	Homemade Quorn Spaghetti Bolc (v)				
	Garlic Bread & Mixed Salad				
	Jacket Potato with Baked Beans or Cheddar				
	Homemade Spiced Orange Shortbread				
Friday	Davys Locker Fish Fingers				
	Veggie Cake, Peas, Chips (v)				
	Jacket Potato with Baked Beans or Cheddar				
	Homemade Chocolate & Cherry Traybake				
	Apple Juice				

	20/9	11/10	8/11	29/11
Monday	Meat Free Monday			
	Homemade Cheese & Tomato Pizza (v)			
	Fresh Mixed Salad			
	Jacket Potato with Local Westcountry Cheddar			
	Homemade Sticky Toffee Pudding & Custard			
Tuesday	Complete Meats Beef Burger with a Soft Bun			
	Quorn Burger with a Soft Bun (v)			
	Baked Beans & New Potatoes			
	Jacket Potato with Local Westcountry Cheddar			
	Homemade Chocolate Drop Cookie			
Wednesday	Complete Meats Roasted Gammon with Fresh Pineapple			
	Roasted Potatoes & Fresh Vegetables			
	Homemade Sweet Potato & Lentil Stew (v)			
	Fresh Banana with IceCream			
Thursday	Complete Meats Chicken with Sweet & Sour Sauce			
	Quorn Chicken with Sweet & Sour Sauce (v)			
	50/50 Rice & Peas			
	Jacket Potato with Local Westcountry Cheddar			
	Homemade Carrot Cake			
Friday	Amity Fish Company Deluxe Cod Dog			
	Homemade Cheese & Onion Quiche, Sweetcorn & Chips (v)			
	Jacket Potato with Local Westcountry Cheddar			
	Homemade Lemon & Poppy Seed Cake			
	Apple Juice			