

Tatworth School PE Roadmap

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| EYFS | | |
| Multi-skills Spatial awareness Basic motor skills Co-ordination and control Sending and aiming Tracking and receiving Bouncing Throwing Striking | Dance Body Actions. Move with confidence, imagination, control and show an awareness of space, respond to stimuli, explore and copy basic body shapes, explore imaginative movement- travel, choose shapes and travelling actions to make a simple sequence | |
| Gym Balance, travel ,jump , rolls and body awareness Exploring straight , tuck, star shapes using apparatus | Athletics Running for speed Running over obstacle | Outdoor Ed Team building |

Autumn Year 1
Multi-skills, Dance and Gymnastics

Spring Year 1
Dance and Gymnastics

Summer Year 1
Athletics, Multi-skill and Outdoor Ed

Autumn Year 2
Multi-skills, Dance and Gymnastics

Spring Year 2
Gymnastics and Dance

Summer Year 2
Athletics, Multi-skills and Outdoor Ed

Summer Year 3
Outdoor Ed, Athletics, Multi-skills and Dance

Spring Year 3
Gymnastics, Athletics, Multi-skills and Dance

Autumn Year 3
Gymnastics, Multi-skills and Dance

Autumn Year 4
Gymnastics, Multi-skills and Dance

Spring Year 4 Gymnastics, Swimming, Athletics, Multi-skills and Dance

Summer Year 4
Outdoor Ed, Athletics, Multi-skills and Dance

Autumn Year 5
Gymnastics, Multi-skills, Dance and Swimming

Key Stage Three

Summer Year 6
Outdoor Ed, Athletics Multi-skills and Gymnastics

Spring Year 6
Gymnastics, Athletics, Multi-skills and Dance

Autumn Year 6
Multi-skills, Dance and Swimming

Summer Year 5 Outdoor Ed, Athletics, Multi-skills and Dance

Spring Year 5
Gymnastics, Athletics, Multi-skills and Dance

Upper Key Stage Two

Lower Key Stage Two

Key Stage One

