## Please make choices on parentpay up to the end of term/Easter 22 by Friday 3rd December

Limited fresh fruit or local yoghurt available daily as an alternative pudding. Fresh bread available daily. Jacket potato option daily other than Wednesdays.

|             | 3/1 24/1 14/2 14/3 4/4  |  |  |  |  |  |
|-------------|---|--|--|--|--|--|
|             | Meat Free Monday  |  |  |  |  |  |
| Monday      | Homemade Pesto Pasta (v) Jacket Potato with Tuna Mayo or Cheddar Fresh Bread & Mixed Salad Homemade Lemon Drizzle Slice |  |  |  |  |  |
|             | Consolate Monte Courses Hat Day 9 Dall  |  |  |  |  |  |
|             | Complete Meats Sausage Hot Dog & Roll   |  |  |  |  |  |
| ay          | Homemade BBQ Beans, New Potatoes  |  |  |  |  |  |
| ps          | Caterveg Vegan Sausage Hot Dog & Roll (v)   |  |  |  |  |  |
| Fuesday     | Jacket Potato with Tuna Mayo or Cheddar   |  |  |  |  |  |
|             | Homemade Fruit & Oat Crumble Crisp, Custard   |  |  |  |  |  |
| <b>&gt;</b> | Complete Meats Roasted Pork with Apple sauce,   |  |  |  |  |  |
| g           | Fresh, Seasonal Vegetables, Roasted Potatoes  |  |  |  |  |  |
| Jes         | Sage, Onion & Cheddar Plait (v)   |  |  |  |  |  |
| Wednesday   | Vanilla Icecream with Peaches   |  |  |  |  |  |
|             | Homemade CM Chicken Korma   |  |  |  |  |  |
| _           | Homemade Quorn Chicken Korma (v)  |  |  |  |  |  |
| da          | 50/50 Rice & Green Beans  |  |  |  |  |  |
| rhursday    | Jacket Potato with Tuna Mayo or Cheddar   |  |  |  |  |  |
| 돈           | sucker otato with runa mayo of chedual  |  |  |  |  |  |
|             | Homemade Cherry Shortbread Finger   |  |  |  |  |  |
|             | Davys Locker Fishfingers  |  |  |  |  |  |
|             | Proper Cornish Vegan Vegetable Pasty (v)  |  |  |  |  |  |
| <b>≥</b>    | Chip & Baked Beans  |  |  |  |  |  |
| Friday      | Jacket Potato with Tuna Mayo or Cheddar   |  |  |  |  |  |
|             | Homemade Chocolate Beetroot Brownie   |  |  |  |  |  |
| -           | Apple Juice   |  |  |  |  |  |

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|-----------|---|------------------------------------|---|-------------------------|-----------------|--|--|
|           |   | 10/1                               | 31/1  | 28/2                    | 21/3            |  |  |
|           |   | Meat Fre                           | ee Monday   |                         |                 |  |  |
| Monday    | Homemade Broccoli & Cauliflower Cheese Pasta Bake Garlic Bread Mixed Vegetables Homemade Sultana Flapjack |                                    |   |                         |                 |  |  |
| Tuesday   | Homemad<br>50/50 Ric<br>Jacket Por  | de Mixed E<br>e<br>tato with E     | f Mexican<br>Bean Enchil<br>Baked Bean<br>udding & Cu | adas (v)<br>s or Chedda | ır              |  |  |
| Wednesday | Fresh Sea   | sonal Vege<br>otato & Le           | oast Potato<br>etables, Gra<br>eek Filled Yo          | •                       | nire Pud<br>(v) |  |  |
| Thursday  | Homemad<br>Half Jacke<br>Jacket Por   | et Potato w<br>tato with E         | g Vegan Sa<br>vith Baked I                            | Beans<br>s or Chedda    | ir<br>          |  |  |
| Friday    | Quorn Ve<br>Chips & P<br>Jacket Po  | eas<br>tato with E<br>al Fruit Yog | ss Finger (v<br>Baked Bean                            | )<br>s or Chedda        | ır              |  |  |

| Meat Free Monday  Homemade Pizza Margarita (v) Assorted Veggie Sticks Jacket Potato with Westcountry Cheddar or Beans  Homemade Chocolate & Orange Sponge Cake  Complete Meats Lamb & Mint Burger with Soft Bun Quorn Burger with Soft Bun & Coleslaw (v) Sweetcorn & New Potatoes Jacket Potato with Westcountry Cheddar or Beans  Homemade Sammy's Winter Cake  Complete Meats Roasted Gammon with Fresh Pineapple Roasted Potatoes & Fresh Vegetables 5 Bean Veggie Parcel (v)  Westcountry Cheddar, Crackers & Apple Wedge  Complete Meats Sausage Toad in the Hole with gravy Caterveg Vegan Sausage Toad in the Hole (v) Peas & Mash Jacket Potato with Westcountry Cheddar or Beans  Homemade Cherry & Coconut Cornflake Crunch  Amity Fish Company Deluxe Cod Dog Veggie Cake, Sweetcorn & Chips (v) Jacket Potato with Westcountry Cheddar or Beans |           |  |  |  |  |  |  |  |  |  |
|--|-----------|--|--|--|--|--|--|--|--|--|
| Appropriate Meats Lamb & Mint Burger with Soft Bun Quorn Burger with Soft Bun & Coleslaw (v) Sweetcorn & New Potatoes Jacket Potato with Westcountry Cheddar or Beans  Homemade Sammy's Winter Cake  Complete Meats Roasted Gammon with Fresh Pineapple Roasted Potatoes & Fresh Vegetables 5 Bean Veggie Parcel (v)  Westcountry Cheddar, Crackers & Apple Wedge  Complete Meats Sausage Toad in the Hole (v) Peas & Mash Jacket Potato with Westcountry Cheddar or Beans  Homemade Cherry & Coconut Cornflake Crunch  Amity Fish Company Deluxe Cod Dog Veggie Cake, Sweetcorn & Chips (v) Jacket Potato with Westcountry Cheddar or Beans   |           | 17/1 7/2 7/3 28/3  |  |  |  |  |  |  |  |  |
| Assorted Veggie Sticks Jacket Potato with Westcountry Cheddar or Beans  Homemade Chocolate & Orange Sponge Cake  Complete Meats Lamb & Mint Burger with Soft Bun Quorn Burger with Soft Bun & Coleslaw (v) Sweetcorn & New Potatoes Jacket Potato with Westcountry Cheddar or Beans  Homemade Sammy's Winter Cake  Complete Meats Roasted Gammon with Fresh Pineapple Roasted Potatoes & Fresh Vegetables 5 Bean Veggie Parcel (v)  Westcountry Cheddar, Crackers & Apple Wedge  Complete Meats Sausage Toad in the Hole with gravy Caterveg Vegan Sausage Toad in the Hole (v) Peas & Mash Jacket Potato with Westcountry Cheddar or Beans  Homemade Cherry & Coconut Cornflake Crunch  Amity Fish Company Deluxe Cod Dog Veggie Cake, Sweetcorn & Chips (v) Jacket Potato with Westcountry Cheddar or Beans  |           | Meat Free Monday   |  |  |  |  |  |  |  |  |
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| Quorn Burger with Soft Bun & Coleslaw (v) Sweetcorn & New Potatoes Jacket Potato with Westcountry Cheddar or Beans  Homemade Sammy's Winter Cake  Complete Meats Roasted Gammon with Fresh Pineapple Roasted Potatoes & Fresh Vegetables 5 Bean Veggie Parcel (v)  Westcountry Cheddar, Crackers & Apple Wedge  Complete Meats Sausage Toad in the Hole with gravy Caterveg Vegan Sausage Toad in the Hole (v) Peas & Mash Jacket Potato with Westcountry Cheddar or Beans  Homemade Cherry & Coconut Cornflake Crunch  Amity Fish Company Deluxe Cod Dog Veggie Cake, Sweetcorn & Chips (v) Jacket Potato with Westcountry Cheddar or Beans   |           | Homemade Chocolate & Orange Sponge Cake  |  |  |  |  |  |  |  |  |
| Roasted Potatoes & Fresh Vegetables 5 Bean Veggie Parcel (v)  Westcountry Cheddar, Crackers & Apple Wedge  Complete Meats Sausage Toad in the Hole with gravy Caterveg Vegan Sausage Toad in the Hole (v) Peas & Mash Jacket Potato with Westcountry Cheddar or Beans  Homemade Cherry & Coconut Cornflake Crunch  Amity Fish Company Deluxe Cod Dog Veggie Cake, Sweetcorn & Chips (v) Jacket Potato with Westcountry Cheddar or Beans  | Tuesday   | Quorn Burger with Soft Bun & Coleslaw (v) Sweetcorn & New Potatoes Jacket Potato with Westcountry Cheddar or Beans |  |  |  |  |  |  |  |  |
| Caterveg Vegan Sausage Toad in the Hole (v) Peas & Mash Jacket Potato with Westcountry Cheddar or Beans  Homemade Cherry & Coconut Cornflake Crunch  Amity Fish Company Deluxe Cod Dog Veggie Cake, Sweetcorn & Chips (v) Jacket Potato with Westcountry Cheddar or Beans  | Wednesday | Roasted Potatoes & Fresh Vegetables<br>5 Bean Veggie Parcel (v)  |  |  |  |  |  |  |  |  |
| Veggie Cake, Sweetcorn & Chips (v) Jacket Potato with Westcountry Cheddar or Beans   | Thursday  | Caterveg Vegan Sausage Toad in the Hole (v) Peas & Mash Jacket Potato with Westcountry Cheddar or Beans            |  |  |  |  |  |  |  |  |
| Apple Juice  | Friday    | Veggie Cake, Sweetcorn & Chips (v) Jacket Potato with Westcountry Cheddar or Beans Homemade Iced Slice             |  |  |  |  |  |  |  |  |