Dairy free/Gluten free available

ALLERGEN INFORMATION – Spring Term 2023

Dish	Cereals containing gluten	Crustaceans	Eggs	Fish	Peanuts	Soyabeans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
Broccoli & Cheddar Pasta (df/gf)	x						x							
Spiced Fruit Traybake (df/gf)	x		x									x		
CM Meatballs (df)	x													
Lentil & Mixed Bean Pasta (df/gf)	x													
Pear & Apple Crimble Crumble (df/gf)	x													
Custard (df/gf)							x							
CM Roasted Pork														
Sage & Onion Plait (df)	x						x							
Vanilla Ice Cream (gf)							x							
Peaches (df/gf)														
Texan Beef Chilli (df/gf)														
50/50 Rice														
HM Date & Chocolate Cookie (df/gf)	x											x		
DL Fish Fingers (df/gf)	x			x										
HM Cheese & Onion Pasty (df)	x						x							
HM Lime & Courgette Cake (df/gf)	x		x											
Roasted Vegetable Rigatoni (df/gf)	x													
HM Apricot Flapjack (df/gf)	x											x		
Chicken & Pepper Enchiladas (df)	x													
Mixed Bean Enchiladas (df)	x													
Custard Biscuit (df/gf)														
CM Roasted Beef														
Yorkshire Pudding (df/gf)	x		x				x							
HM Cheese, Pot & Leek Yorkie (df/gf)	x		x				x							
Chicken Fillet with Coleslaw (df)	x													
Sweet Potato Burger														
HM Jam & Coconut Sponge (df/gf)	x		x											
DL Salmon Fishcake (df)	x			x										
HM Roasted Vegetable Tart (df)	x													
Fruit Yoghurt (gf)							x							
HM Margherita Pizza (df/gf)	x						x							
Pasta (df)	x													
HM Ginger & Banana Bread (df/gf)	x		x											
CM Beef Biryani (df/gf)														
Sweet Potato & Chickpea Biriyani (df)	x													
Naan Bread (df/gf)	x													
HM Anzac Cookie (df/gf)	x		x									x		
CM Roasted Gammon														
HM Homity Pie (df)	x		x				x							
Crackers (df)	x													
Cheese (df/gf)							x							
CM Sausage (df/gf)	x						x							
HM Toad/Yorkshire (df/gf)	x		x				x							
Chocolate Beetroot Brownie (gf/df)	x													
DL WhiteFish Cake	x			x										
Veggie Cake (df)	x													
HM Cherry Shortbread (df/gf)	x											x		
Sweetcorn														
Chips														
Peas														
Baked Beans														
Bread (df/gf)	x													